

Carpal Tunnel Syndrome (CTS) is a painful condition caused by pressure on the median nerve, one of three main nerves passing from the arm to the hand. The median nerve passes through the wrist, which consists of eight small bones that form a "tunnel". The tunnel narrows, due to swelling of the protective sheaths around the wrist tendons, resulting in pressure on the sensitive median nerve.

The **U.S. Department of Labor** has concluded that Carpal Tunnel Syndrome (CTS) is the "chief occupational hazard of the 90's"- disabling workers in epidemic proportions.



The following statistics provides some insight as to the devastating physical and financial affects of the Carpal Tunnel Syndrome epidemic on workers and their families:

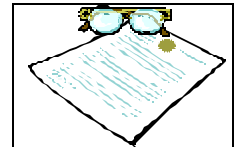
- ? According to the **U.S. Bureau of Labor Statistics**, it is the **number one cause of occupational cumulative trauma injury in the United States.**
- ? **Data from the National Center for Health Statistics indicates that every year more than 850,000 new problem visits are made to physicians because of carpal tunnel syndrome.**
- ? **Carpal tunnel syndrome results in the highest median number of days of work loss (30 days) among all major work-related injury or illness categories.**

- ? **Almost half of carpal tunnel syndrome-cases (47.5 percent) result in 31 days or more of work loss.**
- ? **Carpal Tunnel Syndrome (CTS), the most common of the Repetitive Motion illnesses, is known medically as a "nerve entrapment disorder.**
- ? **Currently, Carpal Tunnel Syndrome affects over 8 million Americans. Carpal Tunnel Syndrome is the #1 reported medical problem accounting for about 50% of all work-related injuries.**
- ? **Presently, 25% of all computer operators have Carpal Tunnel Syndrome with estimates that by the year 2000, 50% of the entire workforce may be affected.**
- ? **Surgery for Carpal Tunnel Syndrome is the second most common type of surgery with over 230,000 procedures performed yearly.**
- ? **Only 23% of all Carpal Tunnel Syndrome patients were able to return to their previous professions following surgery.**

NEWSFLASH

For information on up coming lectures given by Dr. Yates on this subject and many others, please see his website at

www.jaymyatesdc.com



This site contains some very informative material and even has a special section specifically for patients of Dr. Yates.

If you are a current patient of Dr. Yates and wish to have access to log in to this section, please contact Dr. Yates directly for a password to allow you to peruse this section.

If you do not use computers and have no access to this medium, please contact Dr. Yates's office directly and he will make sure you are aware of any lectures he will be giving .

PERTINENT INFO

As always, I appreciate your referrals to our office. By referring someone you demonstrate your concern for them and your trust in me. Thanks to you all.

Remember your maintenance visits. If you haven't been in for over a month, you need to call me for an appointment.

Don't undo all the good work we have done...

- ? Up to 36% of all Carpal Tunnel Syndrome patients require unlimited medical treatment.
- ? Women are twice as likely to develop Carpal Tunnel Syndrome as opposed to their male counterparts.
- ? While women account for about 45% of all workers they experience nearly 2/3's of all work-related Repetitive Stress Injuries.

(Sources: Bureau of Labor and Statistics and National Institute for Occupational Safety and Health-NIOSH)

These studies show the tremendous need for chiropractic care to help determine the diagnosis of CTS and it's proper care.

If you or someone you know is experiencing hand pain or numbness, please contact me. Don't wait, Call me today and let's get you or the person you know in for a **FREE CONSULTATION** with me.

Jay M Yates, DC

Jay M. Yates, DC

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Please mark the appropriate box and cut this questionnaire out and mail it to:
Dr. Jay M Yates P.O. BOX 12311 Newport Beach, CA. 92660. Thank you.

1. My care under Dr Yates was:
 - excellent
 - good
 - fair
 - poor
2. Dr Yates's explanation of my condition was:
 - excellent
 - good
 - fair
 - poor
3. I was willing to follow Dr. Yates's recommendations:
 - yes
 - no
4. My reason for stopping care if I didn't follow Dr. Yates's recommendation was:
 - I didn't feel I needed it.
 - financially too expensive.
 - just felt better and forgot.
 - I didn't want to come that often.
 - didn't feel I got the care I needed.
 - just wanted to come in for a quick fix
5. If I could rate Dr Yates's service and care I would rate him:
 - excellent
 - good
 - fair
 - poor

Thank you for your participation. Be sure to mail it in